

# 5<sup>th</sup> Advanced Facial Aesthetic Surgery Course

12<sup>th</sup>-14<sup>th</sup> March 2015

Nottingham City Hospital

Course Organisers – Mr. Ullas Raghavan & Prof. Anshul Sama

## Faculty:

Oren Friedman - Pennsylvania, USA  
Dirk Jan Menger - Amsterdam  
Simon Watts - Brighton  
Sandeep Uppal - Singapore  
Anshul Sama - Nottingham  
Ullas Raghavan - Doncaster  
Callum Faris, Nottingham  
Ashok Rokade, Winchester

## Topics:

- Rhinoplasty (Open and Endonasal)
- Endoscopic Brow Lift
- Otoplasty
- Upper and Lower Lid Blepharoplasty
- Midface and Neck Lift
- Facial Implants

Half a day of lectures and two and a half days of dissection with one cadaver for each person for rhinoplasty.

**Target:** Senior higher surgical trainees, Fellows and Consultants

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**Website:** [www.nottingham-ent-courses.co.uk](http://www.nottingham-ent-courses.co.uk)

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# Course Programme

<b>Thursday 12<sup>th</sup> March:</b> <i>Lectures Followed by Dissection</i>	08.50 – 09.00	Introduction
	09.00 – 09.30	Rhinoplasty
	09.30 – 10.00	Blepharoplasty
	10.00 – 10.15	<b>Coffee break</b>
	10.15 – 10.30	Brow/forehead lift
	10.30 – 10.45	Otoplasty
	10.45 – 11.15	Endoscopic brow lift - demo
	11.15 – 12.15	Dissection – brow lift
	12.15 – 13.15	<b>Lunch</b>
	13.15 – 13.30	Upper lid blepharoplasty - demo
	13.30 – 14.30	Dissection – upper lid blepharoplasty
	14.30 – 14.45	Lower lid blepharoplasty - Demo
	14.45 – 15.45	Dissection – lower lid blepharoplasty
	15.45 – 15.30	Pinnaplasty - Demo
	15.30 – 17.00	Dissection – Pinnaplasty
17.00	Close	
<b>Friday 13<sup>th</sup> March:</b> <i>Lectures &amp; Demonstrations Followed by Dissection</i>	07.00 – 07.30	Midface/face/neck lift – lectures
	07.30 – 08.00	Tip correction
	08.00 – 08.30	<b>Coffee &amp; breakfast</b>
	08.30 – 08.45	Rhinoplasty approaches - demo
	08.45 – 09.45	Dissection
	9.45 – 10.00	Upper third of nose – demo
	10.00 – 11.00	Dissection
	11.00 – 11.30	Mid third nose - demo
	11.30 – 13.00	Dissection
	13.00 – 14.00	<b>Lunch</b>
	14.00 – 14.30	Lower third nose – demo
	14.30 – 16.00	Dissection
	16.00 – 16.30	Augmentation of nose – demo
	16.30 – 18.00	Dissection
	19.00	Course dinner
<b>Saturday 14<sup>th</sup> March:</b> <i>Demonstrations Followed by Dissection</i>	07.00 – 07.30	Mid face lift
	07.30 – 09.00	Dissection
	09.00 – 09.30	<b>Coffee &amp; breakfast</b>
	09.30 – 10.30	Face and neck lift
	10.30 – 12.30	Dissection
	12.30 – 13.30	<b>Lunch</b>
	13.30 – 14.00	Facial implants
	14.00 – 15.30	Dissection
	15.30 – 17.00	Catch up time for dissection
	17.00	Close & feedback